

TOPOGRAPHICAL ANATOMY QUIZ

Answer the following 10 questions on Topographic Anatomy to the best of your ability. You will be able to check your answers at a later date.

1. A patient who is supine is lying:
 - a. Face up
 - b. Face down
 - c. On the left side
 - d. On the right side

2. The term proximal is best described as:
 - a. Closer to the joint or extremity
 - b. Further away from a joint or extremity
 - c. Closer to the trunk of the body
 - d. Farther away from the trunk of the body

3. Plantar refers to the:
 - a. Palm of the hand
 - b. Bottom of the foot
 - c. Forehead
 - d. Buttocks

4. When referring to the left and right, you should use your left and right, not the patient's.
 - a. True
 - b. False

5. Trendelenburg is a sitting position.
 - a. True
 - b. False

6. Prone refers to a patient lying on:
 - a. Their back, face up
 - b. Their anterior body surface
 - c. On their right side
 - d. On their left side

7. _____ refers to the palm of the hand.
 - a. Palmar
 - b. Plantar
 - c. Plane
 - d. Lateral

8. The term bilateral refers to:

- a. Both lungs
- b. One side
- c. Frontal skull
- d. Both sides

9. The "anatomical" position is best described as a person:

- a. Standing, facing forward, palms forward
- b. Lying on their back, palms facing down
- c. Standing facing sideways, palms facing thighs
- d. Lying on their stomach, palms up

10. An imaginary line down the center of the body that passes between the eyes and extends down through the navel is the:

- a. Plane
- b. Midline
- c. Outline
- d. Quadrant

11. The term that refers to a position closer to midline is:

- a. Medial
- b. Lateral
- c. Posterior
- d. Anterior

12. The opposite of anterior is _____

- a. Posterior
- b. Superior
- c. Exterior
- d. Proximal

13-25 MATCHING COLUMNS

- | | | | |
|-----|-----------|----------|---------------------------------|
| 13. | Flexion | <u>D</u> | A. muscle |
| 14. | Extension | <u>H</u> | B. Blood |
| 15. | Adduction | <u>I</u> | C. Sweet |
| 16. | Abduction | <u>F</u> | D. Bending of a joint |
| 17. | Post- | <u>M</u> | E. Side |
| 18. | Supra- | <u>L</u> | F. Motion away from the midline |
| 19. | Trans- | <u>K</u> | G. Skin |
| 20. | Angi (o) | <u>J</u> | H. straightening of a joint |
| 21. | Denn | <u>G</u> | I. motion towards the midline |
| 22. | Hemato- | <u>B</u> | J. vessel |
| 23. | Glyc (o)- | <u>C</u> | K. across |
| 24. | Latero- | <u>E</u> | L. above |
| 25. | My (o)- | <u>A</u> | M. behind |